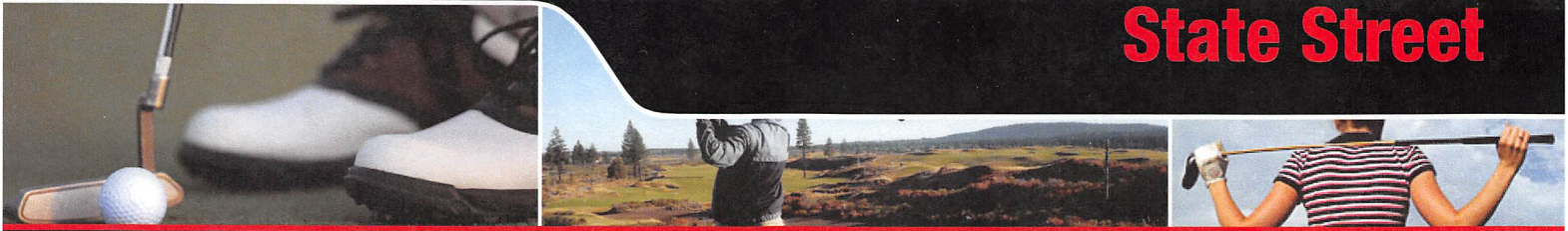


Golf Performance State Street



2015 Golf Performance Packages

Initial Assessment:

Initial Titleist Performance Institute (TPI) Physical Assessment \$150

Physical assessment of golf-specific flexibility, strength, balance, power, upper/lower body separation coordination which is based on Titleist Performance Institute's physical assessment performed on and developed from PGA and LPGA players, establishing your "Golf-Fitness Handicap".



Package Rates (requires initial assessment):

Package Option #1 / \$240 – 3 Visit

18-session custom web-based TPI exercise program

- 3 one-on-one sessions of exercise/manual therapy

Package Option #2 / \$450 – 6 Visits

- 18-session custom web-based TPI exercise program
- 6 one-on-one sessions of exercise/manual therapy

Package Option #3 / \$630 – 9 Visits

- 18-session custom web-based TPI exercise program
- 9 one-on-one sessions of exercise/manual therapy

Package Components:

18-Session Custom Web-Based TPI Exercise Program

18 exercise sessions delivered via email (1-3 sessions/week) custom-made based on your TPI Physical Assessment results that can be performed at home and/or at the gym.

Manual Therapy

Hands on massage, stretching, joint mobilization.

Exercise

Golf specific exercises in our TPI equipped gym.



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Clinic hours accommodate
school and work schedules:

7:00 AM to 7:00 PM / MON-FRI

www.therapeuticassociates.com/StateSt

 **Therapeutic Associates**
PHYSICAL THERAPY